

Eval – 5th May 2010

The veterans' track and field event of the season got underway with the first of the Eastern Veterans Athletic Club series at Bedford International Stadium on Wednesday 5th May. There were several excellent performances including two first places – Ed Jones in the M40 long jump, with a distance of 4.84m and our champion race walker, Helen Middleton in the F45 2km walk. John Haines, Ed Jones and Fiona Hunter all gained club records with their performances on the night. Lee Welham, Steve West, Sandra Ingham and Sonia Edwards made up the full team, all scoring valuable points for the club in the competition.

Halstead Marathon – 9th May 2010

The Halstead Marathon has been a runner's favorite for many years and last weekend four Biggleswade AC members travelled to Essex to tackle this notoriously undulating course.

Thankfully the rain held off and provided perfect running conditions for the 500+ competing runners. The route carried the runners along quiet country roads and leafy lanes, the sides of which were covered with masses of bluebells and primroses.

In his first marathon, Jon Balaam, had an excellent race and was the first Biggleswade AC runner to cross the finish line, in a fantastic time of 3hrs 30mins. Jon was closely followed by, marathon veteran, Ian Skerratt. This was Ian's second marathon in as many weeks having completed the London Marathon just two weeks earlier. Then marathon woman, Cat Marriott, of the RSPB running club, comfortably coasted home in what was to be the completion of her 50th marathon. Julia Mackay, after doing so well in the first half of the race, struggled during the latter stages to finish in 4hrs 43mins.

Halstead marathon results: Jon Balaam 3:30:58 (PB), Ian Skerratt 3:39:53, Cat Marriott 4:31:29, Julia Mackay 4:43:13

Silverstone 10K – 4th May 2010

Biggleswade AC road runners were also out in force at the Silverstone 10k last Tuesday evening. They cruised round two laps of the famous track – not quite as fast as the Formula 1 cars. Dan Croft reached the chequered flag first for the club in a time of 39 mins 18 secs, followed by Mark Lowe in 46.14. Steve Atkins, Jon Bray and Peter Howell were close behind, all ducking under 50 mins. Jan Blake represented the ladies at this race and finished in 52.13.

Silverstone 10K results: Dan Croft 39.18; Mark Lowe 46.14; Steve Atkins 49.06; Jon Bray 49.48; Peter Howell 49.48; Jan Blake 52.13